

St Michael's Church Parish Communion

1st Sunday of Lent
Sunday 21st February 2021

Lent



Recorded remotely by the Choral Scholars of St Martin-in-the-Fields in their homes, and edited together.

The GREETING

The president greets and welcomes the people

OPENING HYMN

I heard the voice of Jesus say

Horatius Bonar (1808-1889)

- | | | | | | |
|---|--|---|--|---|---|
| 1 | I heard the voice of Jesus say:
'Come unto me and rest;
lay down, thou weary one, lay down
thy head upon my breast.'
I came to Jesus as I was,
weary and worn and sad,
I found in him a resting-place,
and he has made me glad. | 2 | I heard the voice of Jesus say:
'Behold, I freely give
the living water; thirsty one,
stoop down and drink and live.'
I came to Jesus, and I drank
of that life-giving stream;
my thirst was quenched, my soul
revived,
and now I live in him. | 3 | I heard the voice of Jesus say:
'I am this dark world's Light;
look unto me, thy morn shall rise,
and all thy day be bright.'
I looked to Jesus, and I found
in him my star, my sun;
and in that light of life I'll walk,
till travelling days are done. |
|---|--|---|--|---|---|



Minister In the name of the Father, and of the Son, and of
the Holy Spirit. Amen. The Lord be with you
All **and also with you.**

Minister The Lord be with you
All **and also with you.**

The PRAYER OF PREPARATION

All **Almighty God,
to whom all hearts are open,
all desires known,
and from whom no secrets are hidden:
cleanse the thoughts of our hearts
by the inspiration of your Holy Spirit,
that we may perfectly love you,
and worthily magnify your holy name;
through Christ our Lord. Amen.**



***The* SUMMARY of the LAW**

Minister Our Lord Jesus Christ said: The first commandment is this:
'Hear, O Israel, the Lord our God is the only Lord.
You shall love the Lord your God with all your heart, with all your soul,
with all your mind, and with all your strength.'
The second is this: 'Love your neighbour as yourself.'
There is no other commandment greater than these.
On these two commandments hang all the law and the prophets.

All **Amen. Lord, have mercy.**

***The* PRAYERS OF PENITENCE**

Minister The sacrifice of God is a broken spirit;
a broken and contrite heart God will not despise.
Let us come to the Lord, who is full of compassion,
and acknowledge our transgressions in penitence and
faith.

(Silence)



**All Most merciful God,
Father of our Lord Jesus Christ,
we confess that we have sinned
in thought, word and deed.
We have not loved you with our whole heart.
We have not loved our neighbours as ourselves.
In your mercy forgive what we have been,
help us to amend what we are,
and direct what we shall be;
that we may do justly, love mercy,
and walk humbly with you, our God.
Amen.**

Minister Wash away all my iniquity and cleanse me from my sin:
Lord, have mercy.

All Lord, have mercy

Minister Against you, you only have I sinned and done what is evil in your
sight: Christ, have mercy

All Christ, have mercy

Minister Create in me a pure heart, O God, and renew a steadfast spirit within
me: Lord, have mercy

All Lord, have mercy

The president says

Almighty God,
who forgives all truly repent,
have mercy upon you,
pardon and deliver you from all your sins,
confirm and strengthen you in all goodness,
and keep you in life eternal;
through Jesus Christ our Lord.

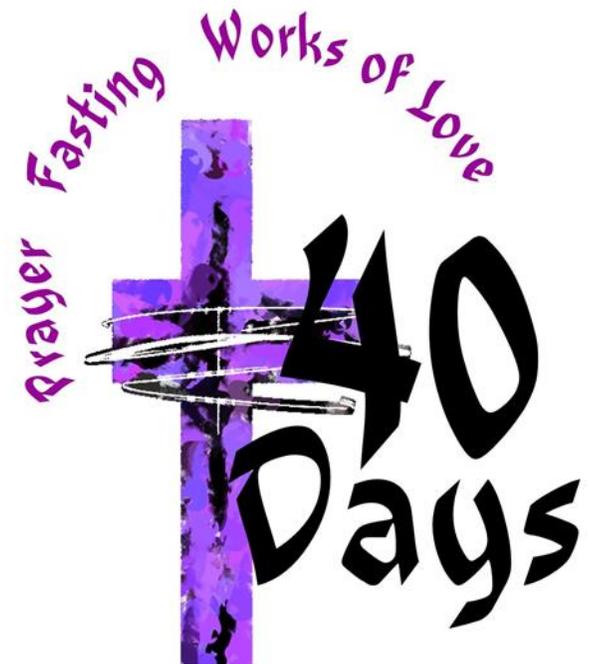
All

Amen.

COLLECT

Almighty God,
whose Son Jesus Christ fasted forty days in the wilderness,
and was tempted as we are, yet without sin:
give us grace to discipline ourselves in obedience to your Spirit;
and, as you know our weakness,
so may we know your power to save;
through Jesus Christ your Son our Lord,
who is alive and reigns with you,
in the unity of the Holy Spirit,
one God, now and for ever.

Amen.



GRADUAL HYMN

Forty days and forty nights

George Hunt Smyttan (1822-1870), Francis Pott (1832-1909)

1 Forty days and forty nights
thou wast fasting in the wild;
forty days and forty nights
tempted, and yet undefiled.

2 Sunbeams scorching all the day;
chilly dew-drops nightly shed;
prowling beasts about thy way;
stones thy pillow, earth thy bed.

3 Let us thine endurance share,
and awhile from joys abstain,
with thee watching unto prayer,
strong with thee to suffer pain?

4 And if Satan, vexing sore,
flesh or spirit should assail,
thou, his vanquisher before
grant we may not faint nor fail.

5 So shall we have peace divine;
holier gladness ours shall be;
round us too shall angels shine,
such as ministered to thee.

6 Keep, O keep us, Saviour dear,
ever constant by thy side;
that with thee we may appear
at the eternal Eastertide.



The GOSPEL READING

Reader Praise to you, O Christ, King of eternal glory.
Your word is a lamp to my feet and a light to my path.
All **Praise to you, O Christ, King of eternal glory.**

Reader Hear the Gospel of our Lord Jesus Christ
according to...
All **Glory to you, O Lord.**

At the end

Reader This is the Gospel of the Lord.
All **Praise to you, O Christ.**

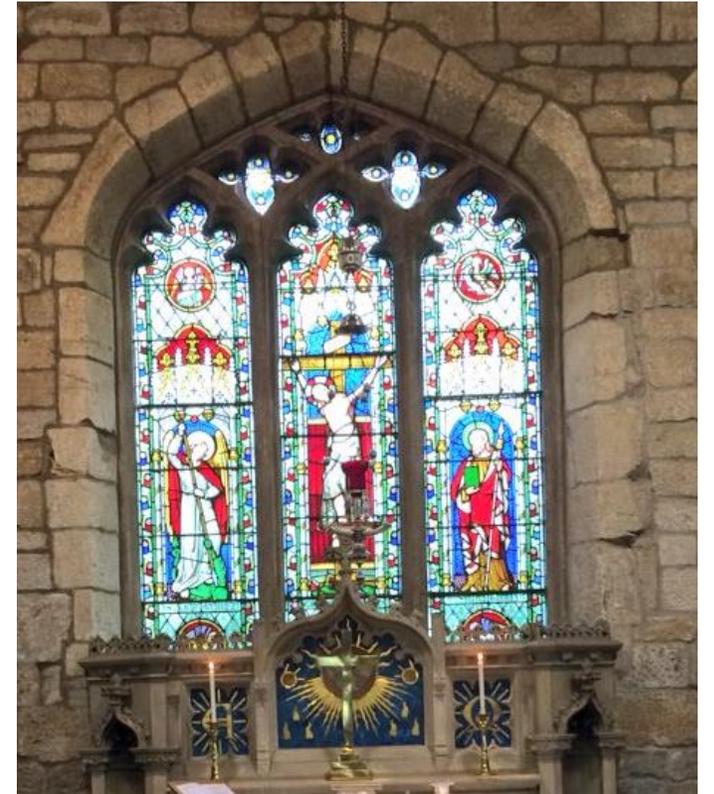
The SERMON



The CREED

**We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is,
seen and unseen.**

**We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father;
through him all things were made.
For us and for our salvation he came down
from heaven,
was incarnate from the Holy Spirit and the
Virgin Mary
and was made man.**



**For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.**

**He will come again in glory to judge the living and the dead,
and his kingdom will have no end.**

**We believe in the Holy Spirit,
the Lord, the giver of life,
who proceeds from the Father and the Son,
who with the Father and the Son is worshipped and glorified,
who has spoken through the prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come.**

Amen.

The PRAYERS OF INTERCESSION

Minister Lord, in your mercy
All **hear our prayer**

At the end Merciful Father,
All **accept these prayers
for the sake of your Son,
our Saviour Jesus Christ. Amen**

¶ The Liturgy of the Sacrament

The PEACE

President Since we are justified by faith,
we have peace with God through our Lord
Jesus Christ,
who has given us access to his grace.
The peace of the Lord be always with you.
All **and also with you.**

President Let us offer one another a sign of peace,
with a wave or a smile!



PREPARATION OF THE TABLE

God of wisdom, may the light of your eternal Word, our Lord and Saviour Jesus Christ, lead us in holiness and guide us to glory; we ask this in his name. Amen.

The president takes the bread and wine and says

Blessed are you, Lord God of all creation:
through your goodness
we have this bread to set before you,
which earth has given and human hands have made.
It will become for us the bread of life.

All **Blessed be God for ever.**

Blessed are you, Lord God of all creation:
through your goodness
we have this wine to set before you,
fruit of the vine and work of human hands.
It will become for us the cup of salvation.

All **Blessed be God for ever.**



***The* EUCHARISTIC PRAYER**

The Lord is here.

All **His Spirit is with us.**

Lift up your hearts.

All **We lift them to the Lord.**

Let us give thanks to the Lord our God.

All **It is right to give thanks and praise.**

It is indeed right and good to give you thanks and praise,
Almighty God and everlasting Father,
through Jesus Christ your Son.

For when he humbled himself to come among us in human flesh,
he fulfilled the plan you formed before the foundation of the world
to open for us the way of salvation.

And now we give you thanks
because each year you give us this joyful season
when we prepare to celebrate the paschal mystery
with mind and heart renewed.

You give us a spirit of loving reverence for you
and of willing service to our neighbour.

As we recall the saving acts that give new life in Christ,
you bring the image of your Son to perfection within our hearts.

Confident that your promise will be fulfilled,
we now watch for that day when Christ our Lord
will come again in glory,
And so we join our voices with angels and archangels
and with all the company of heaven to proclaim your glory,
for ever praising you and saying:

All **Holy, holy, holy Lord,
God of power and might,
heaven and earth are full of your glory.
Hosanna in the highest.
Blessed is he who comes in the name of the Lord.
Hosanna in the highest.**

We praise and bless you, loving Father,
through Jesus Christ, our Lord:
and as we obey his command,
send your Holy Spirit,
that broken bread and wine outpoured may be for us
the body and blood of your dear Son.



On the night before he died he had supper with his friends and, taking bread, he praised you.

He broke the bread, gave it to them and said:
take, eat; this is my body which is given for you;
Do this in remembrance of me.

When supper was ended he took the cup of wine.
Again he praised you, gave it to them and said:
Drink this, all of you;
this is my blood of the new covenant,
which is shed for you and for many for the forgiveness of sins.
Do this, as often as you drink it, in remembrance of me

So, Father, we remember all that Jesus did,
in him we plead with confidence his sacrifice
made once for all upon the cross.
Bringing before you the bread of life and cup of salvation,
we proclaim his death and resurrection until he comes in glory.

Great is the mystery of faith:

All **Christ has died:
Christ is risen:
Christ will come again.**

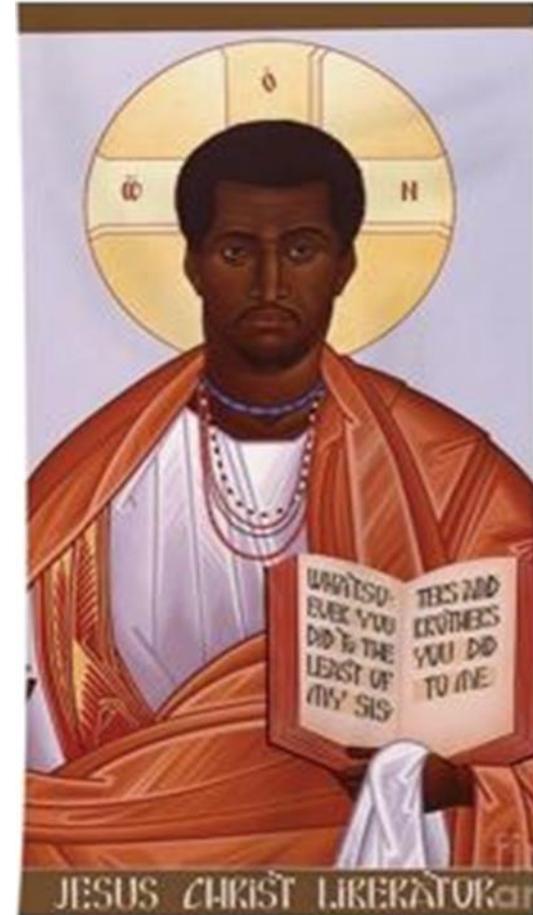
Lord of all life, help us to work together for that day
when your kingdom comes
and justice and mercy will be seen in all the earth.
Look with favour on your people,
gather us in your loving arms
and bring us with (N and) all the saints
to feast at your table in heaven.

Through Christ and with Christ and in Christ.
In the unity of the Holy Spirit, all honour and glory are yours,
o loving Father. For ever and ever.

All **Amen.**

Let us pray with confidence as our Saviour has taught us.

All **Our Father who art in heaven,
hallowed be thy name;
thy kingdom come,
thy will be done,
on earth as it is in heaven.
Give us this day our daily bread;
and forgive us our trespasses
as we forgive those
who trespass against us.
And lead us not into temptation,
but deliver us from evil;
for thine is the kingdom,
the power and the glory,
for ever and ever.
Amen.**



The BREAKING of the BREAD

The president breaks the consecrated bread.

President We break this bread
to share in the body of Christ.

All **Though we are many, we are one body,
because we all share in one bread.**

**Lamb of God,
you take away the sin of the world,
have mercy on us.**

**Lamb of God,
you take away the sin of the world,
have mercy on us.**

**Lamb of God,
you take away the sin of the world,
grant us peace.**



The GIVING of COMMUNION

Draw near with faith. Receive the body of our Lord Jesus Christ which he gave for you, and his blood which he shed for you. Eat and drink in remembrance that he died for you, and feed on him in your hearts by faith with thanksgiving. Amen

All **We do not presume to come to this your table, merciful Lord, trusting in our own righteousness, but in your manifold and great mercies. We are not worthy so much as to gather up the crumbs under your table. But you are the same Lord whose nature is always to have mercy. Grant us therefore, gracious Lord, so to eat the flesh of your dear Son Jesus Christ and to drink his blood, that our sinful bodies may be made clean by his body and our souls washed through his most precious blood, and that we may evermore dwell in him, and he in us. Amen.**

Minister The Body of Christ keep you in eternal life.

All **Amen**

Minister The Blood of Christ keep you in eternal life.

All **Amen**

***The PRAYER* after COMMUNION**

Lord God,
you have renewed us with the living bread from heaven;
by it you nourish our faith,
increase our hope,
and strengthen our love:
teach us always to hunger for him who is the true and living bread,
and enable us to live by every word
that proceeds from out of your mouth;
through Jesus Christ our Lord.

Amen.

All **We thank you, Lord,
that you have fed us in this sacrament,
united us with Christ,
and given us a foretaste
of the heavenly banquet
prepared for all peoples.
Amen**



The FINAL BLESSING

Minister

Christ give you grace to grow in holiness,
to deny yourselves, take up your cross, and follow him;
and the blessing of God almighty,
the Father, the Son, and the Holy Spirit,
be among you and remain with you always.

Amen.

Notices may be given on behalf of the church community

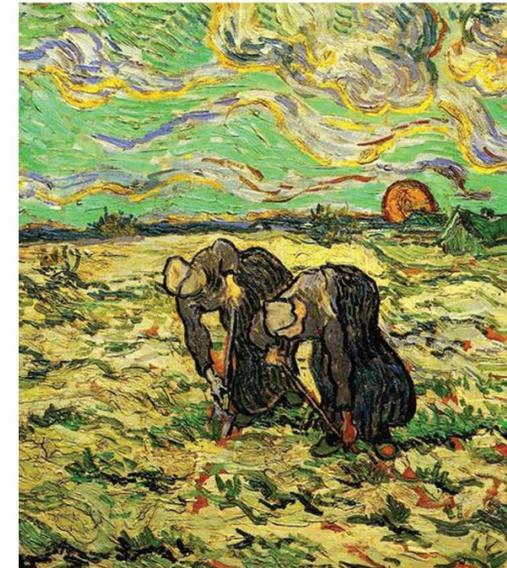


ONLINE LENT COURSE

- Tuesdays at 7 p.m. on 23rd Feb, 2nd March, 9th March, 16th March, 23rd March, and 30th March (via Zoom)
- The book being used is called 'Alongside', by Henry Martin (circa £10-£12)
- Please read part one (pages 29-53) before the first Zoom meeting on the 23rd February 7pm, and the questions at the end of the section will form part of the meeting
- If possible, please buy your own copy. However, if you want to do the course, but the cost is an issue, please contact Rev Huw Thomas
- Please sign up by emailing stmichaelflixton@gmail.com or phoning the Vicarage

ALONGSIDE

Reflections on Jesus' Struggles and how he meets us in Our Struggles



*Daily readings suitable for Lent, Advent or
any time of the year*

HENRY MARTIN

LENT AND EASTER OUTREACH

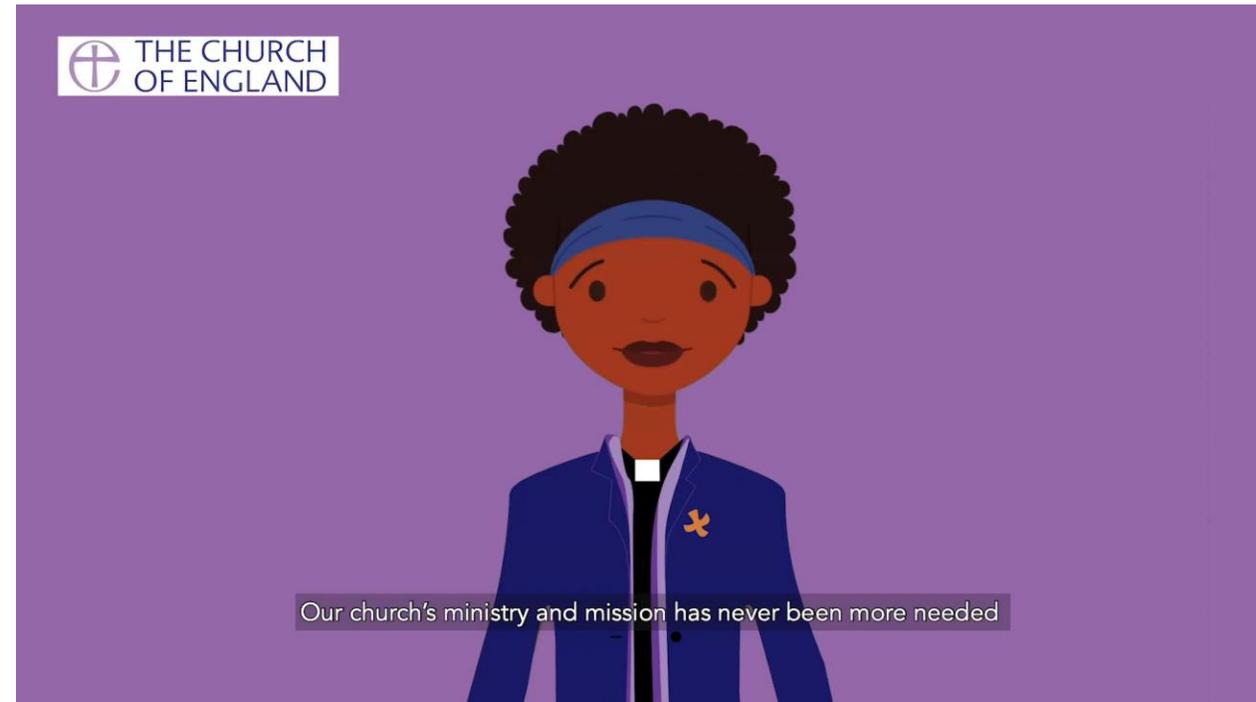
- In partnership with local churches, and coordinated by Flixton Fellowship.
- Prayer for Flixton – in the form of a digital/printable booklet
- Testimonies of Suffering and Hope - weekly pre-recorded video testimony to post on local social media pages and websites
- Poster campaign - includes an invitation to text prayer requests to a dedicated number.
- Easter Sunday – there are plans to erect a free-standing cross in the open garden behind Flixton House. Can you help to decorate it?
- Children's Easter Art Competition –. There will be three age groups with prizes and a small team of local judges. We also hope to display the entries in Flixton Park. Winning pictures will be displayed in 'The Gallery' on Brook Road





GIVING TO ST MICHAEL'S ONLINE

- If you can afford it, we'd be grateful if you could support our church in one of the following ways:
 1. Make an online donation
 2. Set up a Standing Order to donate regularly
 3. Send a cheque
 4. Fundraising from your online shopping via easyfundraising
- Use the QR code or visit our website:
www.stmichaelsflixton.org



CLOSING HYMN

Praise to the Holiest in the height

John Henry Newman (1801-1890)

1 Praise to the Holiest in the height,
and in the depth be praise:
in all his words most wonderful,
most sure in all his ways.

2 O loving wisdom of our God!
when all was sin and shame,
a second Adam to the fight
and to the rescue came.

3 O generous love! that he, who smote
in man for man the foe,
the double agony in man
for man should undergo;

4 And in the garden secretly,
and on the Cross on high,
should teach his brethren, and inspire
to suffer and to die.

5 Praise to the Holiest in the height,
and in the depth be praise:
in all his words most wonderful,
most sure in all his ways.



The DISMISSAL

Minister Go in peace to love and serve the Lord.

All **In the name of Christ. Amen.**

